



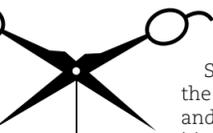
COLOUR BAR
STUDIO

As one of the top salons in Northern Virginia the professionals at Colour Bar Studio in Tysons have just about seen it all. On the following pages, the stylists and studio managers reveal the hottest trends of the season and best new products, share ideas on how to revamp your color for the colder months ahead, whether you are blonde or brunette, and offer the ultimate plan to protect from winter hair damage.



TANIA
FOUNDER + ABCH BOARD
CERTIFIED HAIRCOLORIST

A FEW MINUTES
WITH
COLOUR
BAR STUDIO



Seen on nearly every runway, this is the hair trend that's impossible to miss and never goes out of style. Whether it's wavy, straight, untreated or lightly crimped, when it comes to hair, healthy is the new black.

This fall/winter 2015 season the range of on-trend hairstyles is huge! Straight styles, classic styles, loose french twists, the sleek-wet look, darker roots, balayage, sombre or babylights; so many options, so little time. They say that everything old becomes new again, and that is definitely seen this season.

SOMBRE = subtle ombre; A much more subtle and blended take on ombre. Sombre is softer, a more wearable look that is flattering on everyone, even those with darker hair like Jessica Biel.

Last spring and summer the babylights trend became popular for brunette clients who are realizing that highlights are not just for blondes.

Natural, untouched hair is always lighter around the hairline which is essentially what the Babylights technique captures. By softening

the hairline for clients with darker hair color like Lily Aldridge, summer-highlighted hair can easily transition to something more natural that complements fall colors.

Redheads are embracing a softer color this fall, with vibrant reds like Emma Stone, adding subtle blonde highlights to create an understated contrast.

But, before you rush off to your stylist with a picture of Kate Moss and her fabulous gray roots, think twice... this season, the biggest hair trends are tailored to you!

The best part about trends is that no matter what color hair you have your stylist can tailor the color to match your look. As a general rule of thumb: If you have pink undertones to your skin, stick with cooler colors; if you have more golden undertones, stick with warmer colors, but of course there are exceptions to these rules

This season it is all about working with the natural you. Put down the magazines and work with your stylist to get the look you covet most: your own style!



TANIA
FOUNDER + ABCH
BOARD CERTIFIED
HAIRCOLORIST

"The best part about trends is that no matter what color hair you have your stylist can tailor the color to match your look."

TIFFANY
CREATIVE
STYLIST



What can I do to repair my dry and brittle hair?

Starting with a moisturizing shampoo and conditioner gives you a good foundation. On damp hair adding a reparative serum then a moisturizing thermal protectant will leave the hair in a soft protected state. On dry hair finishing with a split end treatment will give your hair the ability to repair itself until the next blow dry.

MIRIAN
SENIOR CREATIVE
STYLIST



For brunettes, how can I refresh my color for the winter?

With so many shades of brunette it truly is a beautiful base to add more color and spice it up for the winter months. Most obviously you can go even deeper and darker on your existing color. Another fun idea is to add a little more red tone to your brown locks with either highlights to break up the brunette or for those who want a more subtle change, a red glaze to add shine and red glossing effects. Looking for a very natural look? How about some balayage technique to get more dimensions. Balayage is a French word meaning to sweep or to paint. This technique allows for a sun-kissed natural looking hair color, with softer, less noticeable regrowth lines.

"BALAYAGE IS A FRENCH WORD MEANING TO SWEEP OR TO PAINT. THIS TECHNIQUE ALLOWS FOR A SUN-KISSED NATURAL LOOKING HAIR COLOR, WITH SOFTER, LESS NOTICEABLE REGROWTH LINES."



LIZZIE
SENIOR CREATIVE
STYLIST



For blondes, how can I refresh my color for the winter?

As we are going into these colder months I usually recommend that we tone down blonde, so it doesn't look so light and summery. Since we are a little paler in these months and we don't want the hair and skin to all blend together and you disappear. It can be something very subtle to something a little more dramatic. There are many techniques such as, lowlights, balayage, glazes just to name a few to give you that look made just for you. Plus, there are specialty shampoos and conditioners made for blonde hair to help keep that hair fresh and beautiful through all the seasons.

SHERRY
SENIOR COLORIST/
STYLIST



What classic updo can I try for a sophisticated evening look?

Hair can go up at almost any length. For shorter hair, curls and bobby pins. If you are adventurous add hair wefts. I recommend curling all of your hair and your hair "pieces" or "wefts". Begin pinning up the back and sides of your hair in the style of a french twist but leave the top curls out. Then begin to add the extra wefts of hair for a fuller style.

For longer hair I separate the head of hair into three sections. One section is the nape curled and rolled into a hot dog rolled and pinned. Second section is crown to nape curled, rolled and pinned into a hot dog shape and same with the third roll on top. The roll on top can be separated into two sections and placed smoothly to compliment your face type and manipulated into place depending on if you want more or less volume.

KARLA
STUDIO
DIRECTOR



What are the newest products for creating volume and body for limp hair?

The newest product that we are all in love with right now is Oribe's Imperial Blowout.

This product was designed for that client specifically looking for that luscious big blowout that's going to last more than just one day. It was recently released in October and it is flying off the shelves. A great product to accompany this with would be the DryTexturizing spray by Oribe. It is a great spray that gives texture and lift at the root as a perfect finisher to your blow-dry, not to mention it is a great dry shampoo to keep that blow-dry looking perfect and polished on the second, and even third day.

ASLY
NEW
TALENT



What can I do for annoying fly-away hair?

MARIA
STUDIO
ASSISTANT



For annoying fly-aways I would recommend using a deep conditioning Kerastase treatment. You may also need to follow up your blow-dry with a flat iron. And to top it off I recommend spraying your brush with Oribe Superfine hair spray and comb it through your hair.

How can we protect our hair from the damage that winter weather can cause?

We can protect our hair from the cold weather winter in many ways. It's really all about moisturizing! At minimum it is important to use the right products while styling your hair, like a moisturizing shampoo and a thermal protectant. Another way to protect your hair from the harsh weather is by getting as many deep conditioning treatments as possible. One of them is the Meu it can be done in the salon every six weeks. Kerastase offers a five-minute in

home or salon treatment called Fusio-Dose. This spray on treatment leaves the hair smooth and free of frizz. Aside from choosing the right products and keeping up with deep conditioning treatments make sure your hair is completely dry before leaving the house. Throw on your favorite hat or scarf for style and added protection from the winter weather.